



# FROM THE BOATHOUSE

E-newsletter

**“Wilderness is not a luxury, but a necessity of the human spirit.”**  
**-Edward Abbey**

### Our Purpose

To provide transformational experiences in a wilderness setting emphasizing quality, personal growth and relationships.



### Our Values

YMCA Camp Menogyn promotes caring, honesty, respect and responsibility.



### Summer Address

55 Menogyn Trail  
Grand Marais, MN 55604  
Phone: 218.388.4497

### Winter Address

3425 Ihduhapi Road  
Loretto, MN 55357  
Phone: 612.822.2267  
Fax: 612.823.2482

[www.CampMenogyn.org](http://www.CampMenogyn.org)

### Weather at Bearskin Lake:

**Fair. High 51F. Low 37. North East Wind 9 mph.**

### What do Menogyn Campers Say about Menogyn?

*“The energy of Camp Menogyn is very uplifting, authentic and inspiring. The staff do an wonderful job at adding unique personality (closing ceremony, bonfire, activities, singing, themes to biffs.)”- Camper on 8 day canoe*

*“I love it. More fun than I thought. The friends you make here are friends for life.”*

*“I was worried and not ecstatic about it, but now I am very excited and happy I came.”*

*“I love my guide, such a great guide and also Menogyn is such a cute place. It seems like everyone is nice and caring. I will always remember this place.”*

### *What was your favorite part of the Menogyn trip?*

*“Growing closer with the group of girls. Watching the majestic beauty of the dragon fly, night swims and singing in the rain while paddling. In addition, our guide was a wealth knowledge”*

### Passport or Passport Card Needed for Canadian Trips

If you or your camper is going on a Quetico 20-21 day, Canoe Nor'wester or Hommes/Femmes, you will need a passport or now a Passport Card to cross the border into Canada. Backpack Nor'wester group members may need them if they decide to go up to the Wilmore. The passport card is a cheaper, though not necessarily quicker ID that will work. The cost is \$35/person 15 and under, \$45/person 16 and older. Right now it is taking two to four weeks to get them. Follow the link below to start the process. If you wait till spring you may not get one processed in time!

[http://travel.state.gov/passport/passport\\_1738.html](http://travel.state.gov/passport/passport_1738.html)

# Emily Sandall Memorial Campership

## History and Background of Campership:

*Emily Sandall was a Menogyn guide from 2001-2004. Her passions included wilderness adventures and humanitarian service. When not leading canoe and backpacking trips she worked with street children and child laborers in Nepal and Mexico. She saw many opportunities in life to teach, to challenge, to laugh, dance, sing, camp, and especially to help others. She lived simply, but passionately. Tragically Emily died in an accident Nov. 2006, at the age of 25.*

The Sandall Family and the Emily Sandall Foundation have established YMCA Camp Menogyn camperships in Emily's name in an effort to keep alive her spirit of giving and her love for Menogyn. The scholarship is designed to help a deserving young person experience a Menogyn wilderness trip. The recipient should show passion for helping others through some community service work. Emily in her short and remarkable life always tried to combine wilderness adventure with helping others. Her family hopes to foster that in others through this scholarship.



## Essay for the Emily Sandall Camp Menogyn Campership Application:

Emily would love to know that her scholarship helps a teen experience the wilderness. She would also love to spread the message of the importance of volunteer service- helping those less fortunate by giving them a voice. Emily's life work combined her love for the wilderness and humanitarian service with passion and joy.

**Tell us how these values are demonstrated in your life.**

*Please submit application by May 5<sup>th</sup>, 2009 to:*  
 YMCA Camp Menogyn  
 Attn: Emily Sandall Campership  
 3425 Ihduhapi Rd.  
 Loretto, MN 55357  
 or via e-mail to [Maureen.martin@YMCAMpls.org](mailto:Maureen.martin@YMCAMpls.org)

## Loren Pena—Menogyn Youth Leader 2009

Loren Pena was chosen as the Menogyn Youth Leader for 2009. Loren attends the St. Paul Conservatory for the Arts where he studies music and is a dedicated student of classical guitar and other instruments.

Around camp Loren is a frequent Engage' being known by all his counselors as hard working, pleasant and fun. He is always a good person to have in your group, as he lends a solid and camp-focused leadership aspect and always finishes tasks he starts, even if they are rather ominous like cleaning biffs, digging holes or other North Woods jobs. When on breaks, Loren's guitar playing can be heard throughout camp.

The Youth Leader Award, often compared to the Nobel Peace Prize for YMCA youth, is given out by each of the YMCA branches only once a year to recognize youth in the community who are acting as exemplary citizens through leadership, service and demonstrating YMCA values. At the annual meeting of the Metropolitan Minneapolis YMCA this May 13th they will be presented the award and be celebrated in front the entire YMCA community, general and community boards, staff and executives and family members.

Loren did a 20 day Yellowstone trip in 2008 and will be hiking in the Wind River Range on a 30 day backpacking Nor'wester with guide, Nate Hibbs as well as working over several engage sessions.



Loren hiking in Yellowstone National Park last summer.

## Menogyn Trips– Spots Available for Summer 2009!

Even though its almost May it's NOT too late to sign up for a Menogyn trip! There are still plenty of spots still available in our 8, 11, 14, and 21 day trips throughout the summer (check availability online at [www.CampMenogyn.org](http://www.CampMenogyn.org)). Spread the word to your friends and neighbors about a Menogyn trip. Menogyn has plenty of opportunities to make the trips affordable — from selling Dunn Bros. coffee cards to setting up a payment plan to applying for a Personal Pricing Plan (campership). Menogyn wants as many youth as possible to experience a wilderness trip this summer! There is room available in both Memorial Day and Labor Day family camps, as well as the Women's Trip from July 20-24th. The opportunities abound this summer for all ages to experience the magic that is Menogyn.



From family camp to wilderness trips through out North America

Menogyn has something to offer almost everyone this summer!

Register ONLINE or download registration forms at:

[www.CampMenogyn.org](http://www.CampMenogyn.org)

Questions?

Call 612.822.2267



## Menogyn Rendezvous July 24-26th

Come and join us for the 87th Reunion and Rendezvous. This weekend promises to be a fun-filled, rowdy good time with all sorts of friends flying in from all over.

This year we plan to have all the fun of last year with family canoe races and tours of camp and paddling trips available, plus dedications of new buildings and a new cross at Chapel Point.

Armond Paulson, Director from the early 1960s, is working to get as many staff from this era to the Rendezvous as possible. So the event promises to be a great one this year!

Families, alumni, campers and their parents and friends are all welcome at this time for not only a weekend in the north woods, but a little slice of Menogyn paradise shared with friends from all generations. Look for more information and registration online or contact Mo in the office.



Alumni, friends, and families gathering at Chapel Point at our  
85th Reunion and Rendezvous in 2007.

Go to [www.CampMenogyn.org](http://www.CampMenogyn.org) for registration materials for the weekend!

**Upcoming Events:****Gunflint Green-Up:****May 1-3, 2009**

This weekend is dedicated to help plant trees along the Gunflint trail in areas affected by the Ham Lake fire of 2007. Many events will be happening over the weekend on the Trail and in Grand Marais.

For more info go to: <http://www.gunflint-trail.com/ggu/index.html>

**New Camper Orientations:****Monday, May 4, 2009**      Bloomington REI**Monday, May 11, 2009**      Bloomington REI

Both are held from 7pm-8:30pm

**Work Weekends:****May 8-10, 2009****May 15th-17, 2009**

You know where this is, and you know what it is about! Hauling, moving, and cleaning. We will have additional jobs this year with the late spring and Massey's side capital improvement projects. We have added an earlier weekend in hopes of re roofing the Boathouse.

**Family Camps:****May 22-25, 2009****September 4-7, 2009**

Memorial Day Weekend or Labor Day Weekend is the time to come with family and travel on day and half-day trips, stay in our cozy cabins and eat good food. \$170/adult, \$90 children ages 6-12. We hold our community pancake breakfast on Sunday morning. Lots of space still available!

**Wilderness First Responder Course:****May 21-28, 2009**

Professionally instructed by Wilderness Medical Associates, this course is standard for all Menogyn trail staff and is held at camp. Certification is valid for three years. We have several spots available to non-staff each year. \$700/person including instruction, food, lodging and course materials. A re-certification course is May 30-June 1st for \$275.

**The Wilderness Puzzler**

**Last month's puzzler was, "What famous Minnesota explorer was killed in the American invasion of Canada in the War of 1812? The answer is: Zebulon Pike.**

**This month's Puzzler is, "How much did it cost to go on a Menogyn canoe trip in 1950?"**

**The answer can only be found in the next....**

*FROM THE BOATHOUSE!*

**-Mo, Connie, Taylor, Marie, and of course, Steve, Ginny up North!**