

MENOGYN PERSONAL WINTER PACKING LIST

This list is required if you want to camp out in tent or quinzhee huts. If not, all items may still come in handy but those marked with an asterisk (*) are optional.

Clothing for being outside - remember to think in terms of *layers*

- _____ Polypropylene, Capilene or silk/wool long underwear (top and bottom - NOT COTTON!)
- _____ 4 pair socks—light and heavy wool, Smartwool, and/or fleece. NOT COTTON!
- _____ Mukluks or snow boots (Sorrels or snowmobile type with removable wool felt liner, should have water-proof bottoms)
- _____ *Polar fleece or wool pants - Army surplus or "Malone" type or pile pants
- _____ Wool or fleece shirt
- _____ Fleece or wool sweater
- _____ *Wind jacket
- _____ *Wind pants
- _____ Warm Wool/Fleece hat or balaclava
- _____ *Face mask
- _____ Wool/Fleece mittens with water repellent outer mitts
- _____ Handkerchief or bandana
- _____ Warm parka with hood (synthetic fill or goose down)
- _____ Sunglasses or *snow goggles
- _____ Rain jacket and pants (good for digging out snow huts)
- _____ Snow pants
- _____ *Gaiters
- _____ 2 pair boxers/shorts
- _____ *Thin wool or silk gloves
- _____ Extra wool mittens
- _____ *Over mitts
- _____ *Extra boot liners

Bedding - for winter camping

- _____ *A 2nd set of dry long underwear & dry hat to wear at night
(silk, wool, polypropylene, capilene or other synthetic material)
- _____ Sleeping Bag (Camp has extra bags to double-up with for camping out)
- _____ *Sleeping pad

Miscellaneous Equipment

- _____ Head lamp or small flashlight
- _____ Chapstick (lipbalm)
- _____ Stuff bags and plastic bags
- _____ Toothbrush, toiletries
- _____ Water bottle
- _____ *Skis, ski boots, poles, waxes, skates or snowshoes (Menogyn can supply)
- _____ Camera and film
- _____ Backpack (Menogyn can supply)

Other Equipment for Menogyn in the winter

- _____ Swimsuit for sauna!
- _____ Wool socks for sauna (so bare feet don't stick to the ice & dock)
- _____ Towel
- _____ Sleeping bag (3-season) for sleeping in heated cabins
- _____ Tennis shoes or moccasins to wear in dining hall (boots are not permitted in this area)
- _____ *Musical instruments, books, games, etc...
- _____ Money (for fast food stop on the way home; camp store items - t-shirts, sweatshirts, etc...)
- _____ *Ice fishing gear

Parking

From where we park our cars or vans, it is a $\frac{1}{2}$ mile hike, ski or snowshoe to the cabins. You will be expected to carry your gear or to pull it on a sled (Menogyn has some sleds) for this distance. Therefore, we suggest you pack into a backpack or sturdy, water repellent duffel bag.

What not to bring

A Menogyn experience is a wilderness experience. When you come to Menogyn you leave behind the trappings of civilization and technology. In keeping with this spirit we ask that you leave these items at home:

- **iPods, pagers, cell phones, game boys etc... (Personal Music devices may be used on the bus ride to camp and back only. We collect and store them until the ride home.)**
- **Illegal drugs, alcohol, tobacco**
- **Firearms, fireworks**